



ROSSMOOR ROTARY NEWS



www.rossmoorrotary.org

District 5160 Club 461

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Editor: Merilee Hoffman

Photos: Ruth Reeves

September 11, 2019

MEETING NOTES: September 4, 2019

Visitors and Guests: Jean Dorman visited and is a prospective member. **Gary Smith's** friend, Phillip, Dale Martin and Jeff Kendall were in attendance too.

Sunshine: **Sue Adams** and **Merilee Hoffman** shared the sad news of **Dave Cutter's** passing at his home in Tahoe over the weekend. Jim call for a few moments of silent reflection on **Dave's** passing.

Thought of the Day: **Joanne** tackled the issue of volunteerism. There has been a 25.4% decline in volunteerism. However, she outlined five reasons why people should consider volunteering. They were:

1. People live longer, healthier lives.
2. Volunteering helps people establish strong friendships, so they are less lonely in later life.
3. Volunteering is good for one's career.
4. Volunteering is good for society. Social service organizations rely heavily on volunteers.
5. Volunteering lends a sense of purpose to one's life.



Happy Dollars: **Ruth** donated a check in honor of her birthday. **John King** was happy that Iliana is thirteen months old. **Chuck** gave in celebration of the Trojans first win of the season. **Patrice** was happy about going to the hilarious play, "Murder for Two", at the Leshner Center. **Walker** gave \$1 because he was thrilled that his brother went home. He didn't even have to borrow the money from his brother this time! Isn't that what brothers are for anyway? **Jann** was happy to be hosting a guest at the meeting. Our guest speaker, Joe Morgan, was happy to be speaking today. **Jim** was just plain happy and donated. **Merilee** was pleased to receive two contributions for the Gala – a piece of jewelry from **Tillie** and a gift certificate to Burma Unique from **Mitzi**. She is hoping more members will follow suit.

September Birthdays: Happy birthday to **Nancy R.**, Jeff Kendall, **Ruth**, **Don Nesbitt**, and **Mary Ann Thode**.



WELL IT FINALLY HAPPENED! **Patrice** is the lucky winner of \$986. **AI** was the runner up with a free lunch.

ANNOUNCEMENTS

Dates to Remember:

September 12: Rotary Social, 5:00 – 7:00 at Stanley Dollar
It's a potluck so bring food, your own booze, friends and potential members.

September 27: Alzheimer's Seminar, 8:30 (Continental Breakfast), 9:30 – 12:00 (Speaker) at the Fireside Room

October 12: Food Drive, 8:30-12:00 at Gateway

October 12: Alzheimer's Parkinson's Gala, 5:30 at the Event Center Tickets must be purchased ahead. They are \$150 for dinner, entertainment and auction.

Chuck appealed to everyone to seek more business card ads for the Gala brochure. They cost \$150.



Jim asks, "What am I bid?"



PROGRAM

Joe Morgan, a Rotarian from San Ramon Valley, spoke on "Optimism is the Only Realism". His focus was on wealth management, resources and risk. He asserted that optimism and pessimism are best friends and explained customized financial therapy.



Joe expressed the differences in living during different eras. One thousand years ago, we would have lived under a tyrannical government and only lived to be thirty-five. The tyrannical government would have made all our decisions. Life would have been dismal.

Suppose we lived two hundred years ago. Our life expectancy would have been fifty. We would have lived in small towns and faced lots of dangers. Six hundred twenty thousand people were lost in wars. Life would have been hard.

By 1980, people were living with the threat of global annihilation. There were airplanes, cars, and soon, the space shuttle appeared. Children were better educated, and families did not have to farm for their own food any longer. Life got easier than the previous two hundred years.

Today, there is computing power on our phones, access to information is at our fingertips. We needn't worry about plagues or devastating flus. What we worry about is how we'll be late or that a restaurant serves cold food, so optimism is the only realism. Life gets better and people focus more on themselves.

Joe looks for people who want to minimize their stress, reminding us that the stock market rises three out of four years. His investment policy is to have a broad portfolio by diversifying. Structure your investments to fund yourself for the long term. Should the market decline, dividends will increase with time. His workbook is called "Six Steps to Financial Joy".

CALENDAR

Sept. 11	Tina Akins, Rotary District Governor
Sept. 18	Ann Peterson, Editor, Rossmoor News